

Structured capture of prior antidepressant trials. Include with a referral for treatment-resistant depression, uncertain diagnosis, or when the patient has cycled through multiple agents. Adequate trial = target dose for at least 4 to 6 weeks. Response = partial/adequate/none. Complete what you know; leave the rest blank.

Current working diagnosis and severity

[illegible]

Therapy modality (CBT, IPT, EMDR, ACT, DBT, ERP, other), duration, response. TMS/ECT/ketamine/esketamine if applicable, with dates and clinician.

Suspected diagnostic complexity (bipolar features, psychotic features, substance use, medical contributors)

e.g., diagnostic clarification, augmentation strategy, MAOI candidacy assessment, taper plan, transfer of medication management, second opinion only, etc.
